



EYFS – Ducklings
Autumn 1st 2026

Topic Overview:

This topic offers a valuable opportunity for all children to explore their identities, understand their emotions, and build self-awareness. This topic helps children develop a sense of self-worth and belonging while fostering essential communication and social skills. The activities are a great way to help children develop a sense of self and learn more about their unique abilities.

Hook:

Self portraits to create a class gallery

Outcome:

Creating a 'Marvellous Me' class book

What's being covered?

Maths	Counting, subitising, creating patterns and recognising shapes	
English	Reading individual letter sounds, blending sounds into words, name writing, correct letter formation	
	Theme	
Personnel, Social and Emotional Development	Regulation and relationships	• See themselves as a valuable individual. • Manage their own needs • Build constructive and respectful relationships.
Communication, Language and Literacy	Listening and attention	• Understand how to listen carefully and why listening is important
Understanding The World	People, Culture and Communities	• Talk about members of their immediate family and community. • Name and describe people who are familiar to them. • Understand that some places are special to members of their community.
Expressive Arts and Design	Being Imaginative and Expressive	• Explore, use and refine a variety of artistic effects to express their ideas and feelings
Physical Development	Gross and Fine Motor Skills	• Develop the overall body strength, co-ordination, balance and agility needed to engage

		successfully with future physical education sessions and other physical disciplines
Computing	E-Safety	• Reading the Digiduck stories • Learning how to be a good friend online
RE	<u>Big Question:</u> Why is the word God so important to Christians?	• Learn what the Bible says about God • Listen to the Creation story • Look at a Church as a place of Worship • Learn about what Harvest is
Forest Schools		• Encouraging observation of the natural world • Fostering communication and language by describing natural finds • Developing physical skills
Class reading: Autumn 1 st	Books linked to topic.	1.The Hug by Erin Mclaughin 2. Rainbow Fish by Marcus Pfsiter 3. Barbara Throws a Wobbler by Nadia Shireen 4. The Lion Inside by Rachel Bright 5. Only One You by Linda Kranz 6. Ravi's Roar by Tom Percival