



Nightingales
Summer 2nd 2026



Happy and Healthy

Topic Overview:

Our topic this term will be **'Happy and Healthy'** which is predominantly DT and PSHE based will focus on healthy eating and mindset. We will also be learning about plants and will hopefully harvesting some vegetables to cook for our healthy pizza outcome.

Hook: Planting vegetables

Outcome: Healthy Pizzas

What's being covered?

Maths	Statistics, Position and Direction	
English	Persuasive writing (Leaflets), Instructions, Poetry	
	Topic	Skills
Science	Plants	<ul style="list-style-type: none"> Observe and describe how seeds and bulbs grow into mature plants Find out and describe how plants need water, light and a suitable temperature to grow and stay healthy.
DT	Food Technology	<ul style="list-style-type: none"> Use the basic principles of a healthy and varied diet to prepare dishes Understand where food comes from.
Music	Music Music Festival	<ul style="list-style-type: none"> <i>Sunflower in my Supper - play untuned instruments</i>
Computing	Programming B-quizzes	<ul style="list-style-type: none"> To understand that sequences of commands have an outcome, and make predictions based on their learning Use and modify designs to create their own quiz questions
PSHE	Health and Wellbeing	<ul style="list-style-type: none"> To learn about food and drinks that keep people healthy To learn about how being active can keep people healthy
RE	Enquiry 5	<ul style="list-style-type: none"> Why do people have different views about the idea of God?
PE	Net and Wall games Target games	<ul style="list-style-type: none"> Hit or throw the ball away from your opponent. Make quick decisions about where to hit/throw. Use a ready position to react quickly